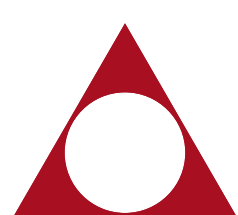




# ALPINERX

REACH YOUR SUMMIT

USER GUIDE



# *Alpina*

1883 GENEVE





## USER GUIDE

THANK YOU  
FOR PURCHASING  
YOUR ALPINER**X**  
AND BECOMING  
A MEMBER OF THE  
ALPINA COMMUNITY!  
PLEASE FOLLOW  
THE SIMPLE STEPS  
DETAILED IN THIS  
USER GUIDE  
TO START USING  
YOUR WATCH.





# 01.

Download the  
ALPINERX APP  
for iOS or Android



Download on the  
App Store

GET IT ON  
Google Play

# 02.

Activate  Bluetooth  
on your phone

# 03.

Follow the instructions  
within the app to pair  
your watch and set  
your goals







# PAIR YOUR WATCH

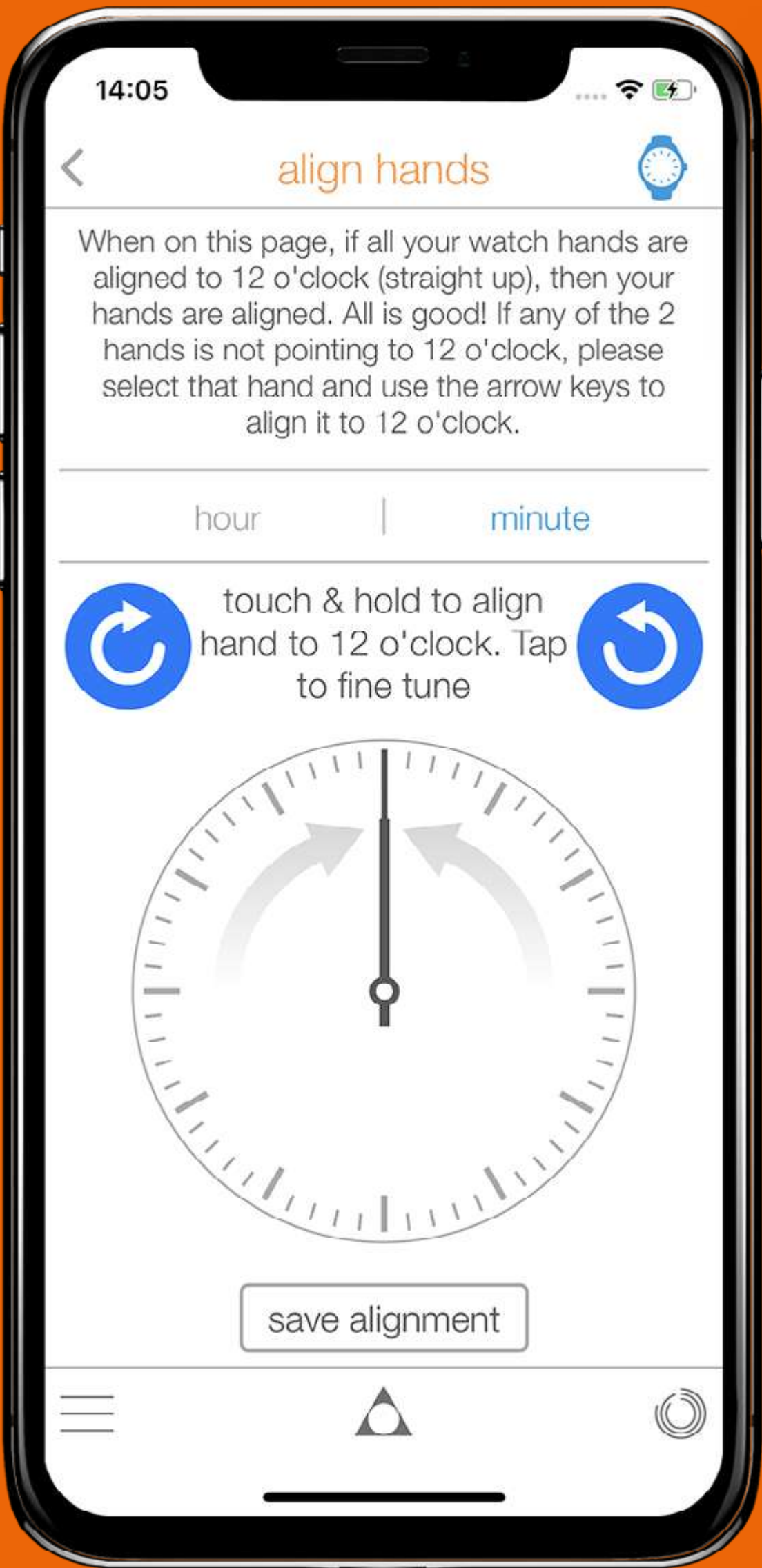
To pair your watch, launch the ALPINERX application and press on press “I’VE GOT AN ALPINERX”. Place your ALPINERX close to your phone. Push the watch’s crown button and then press on the “start” button appearing on your app screen. Once your ALPINERX has been found, briefly press and release the crown again to pair. Press on “next” and follow the instructions.





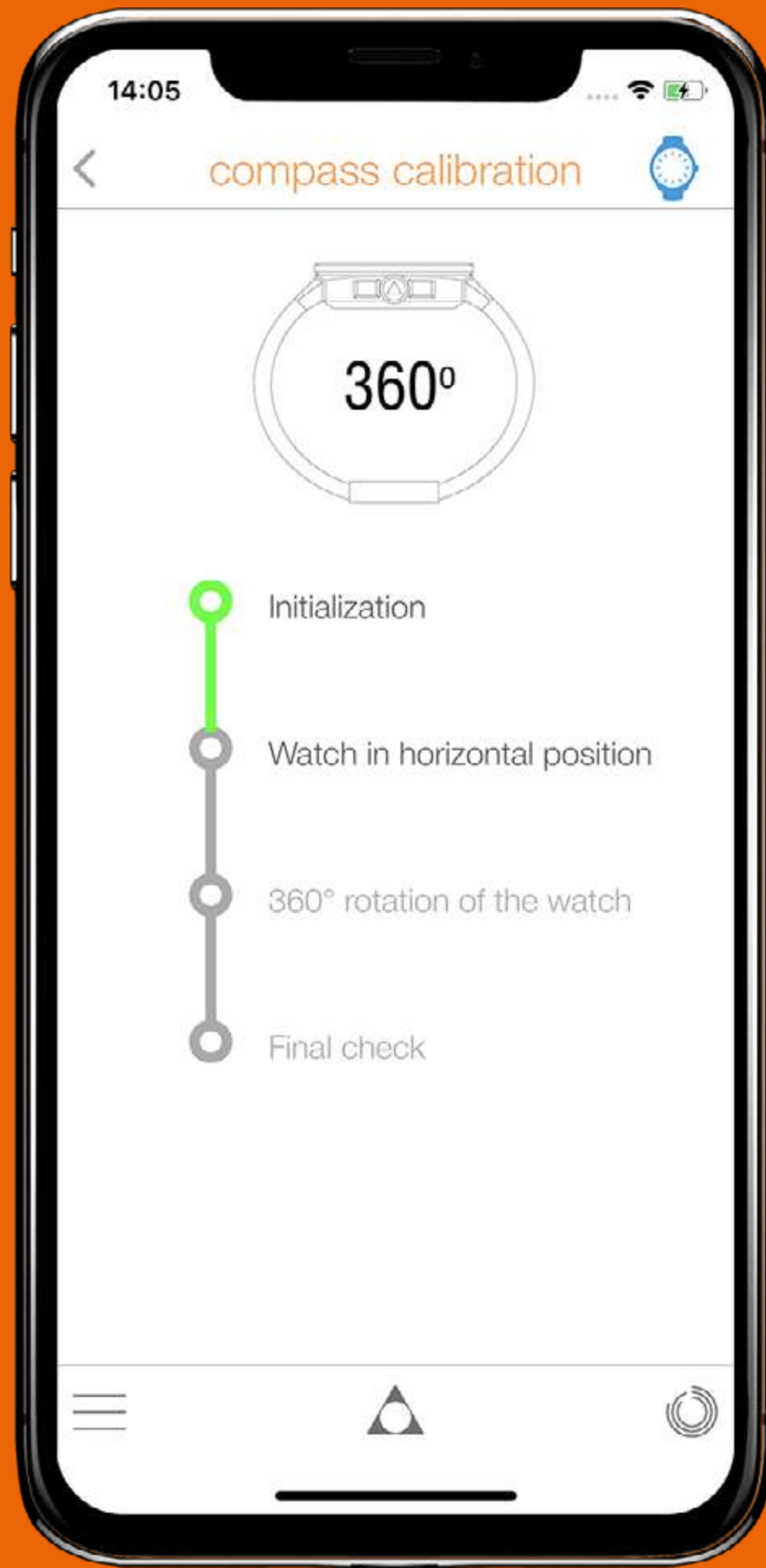
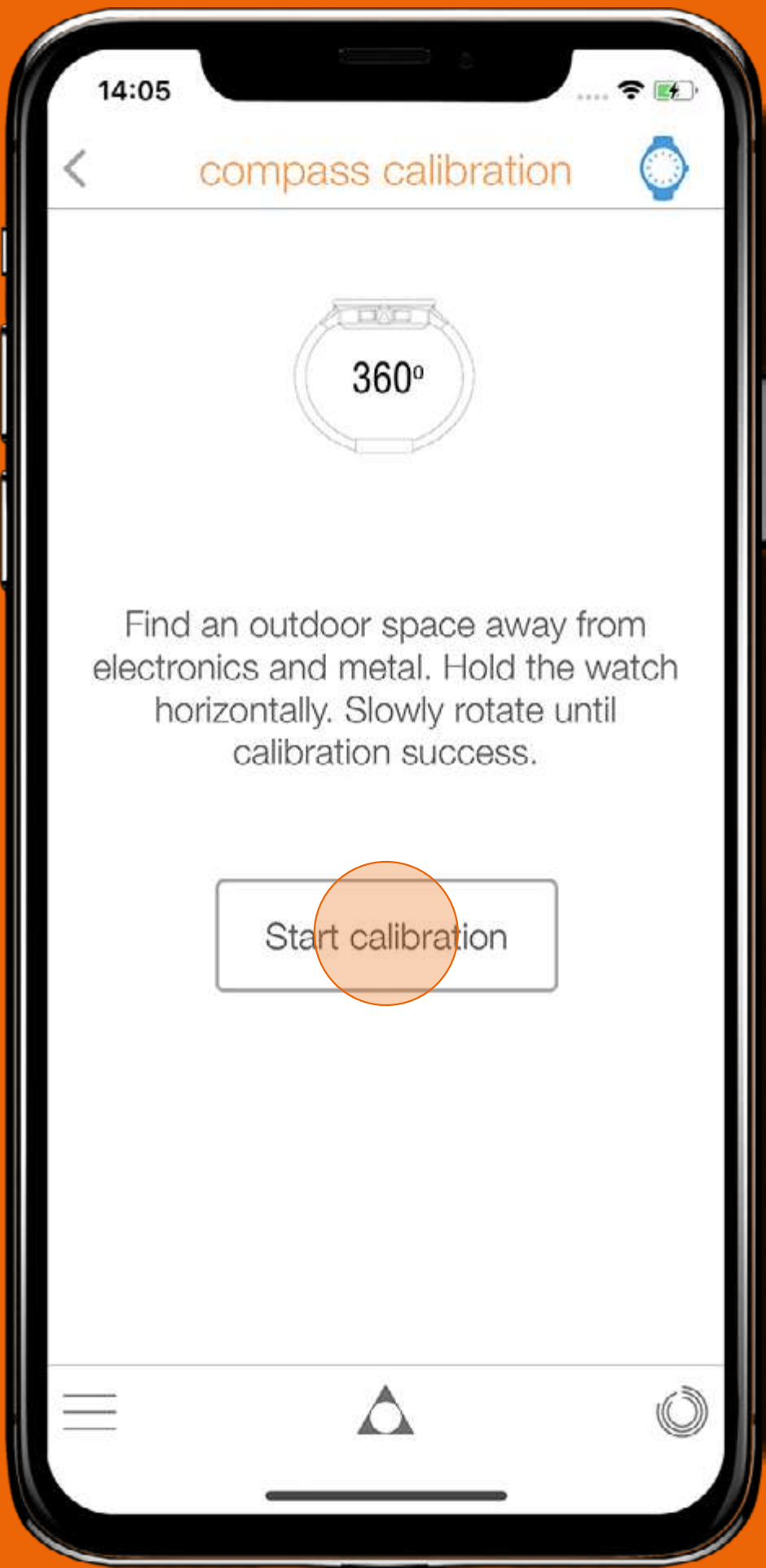
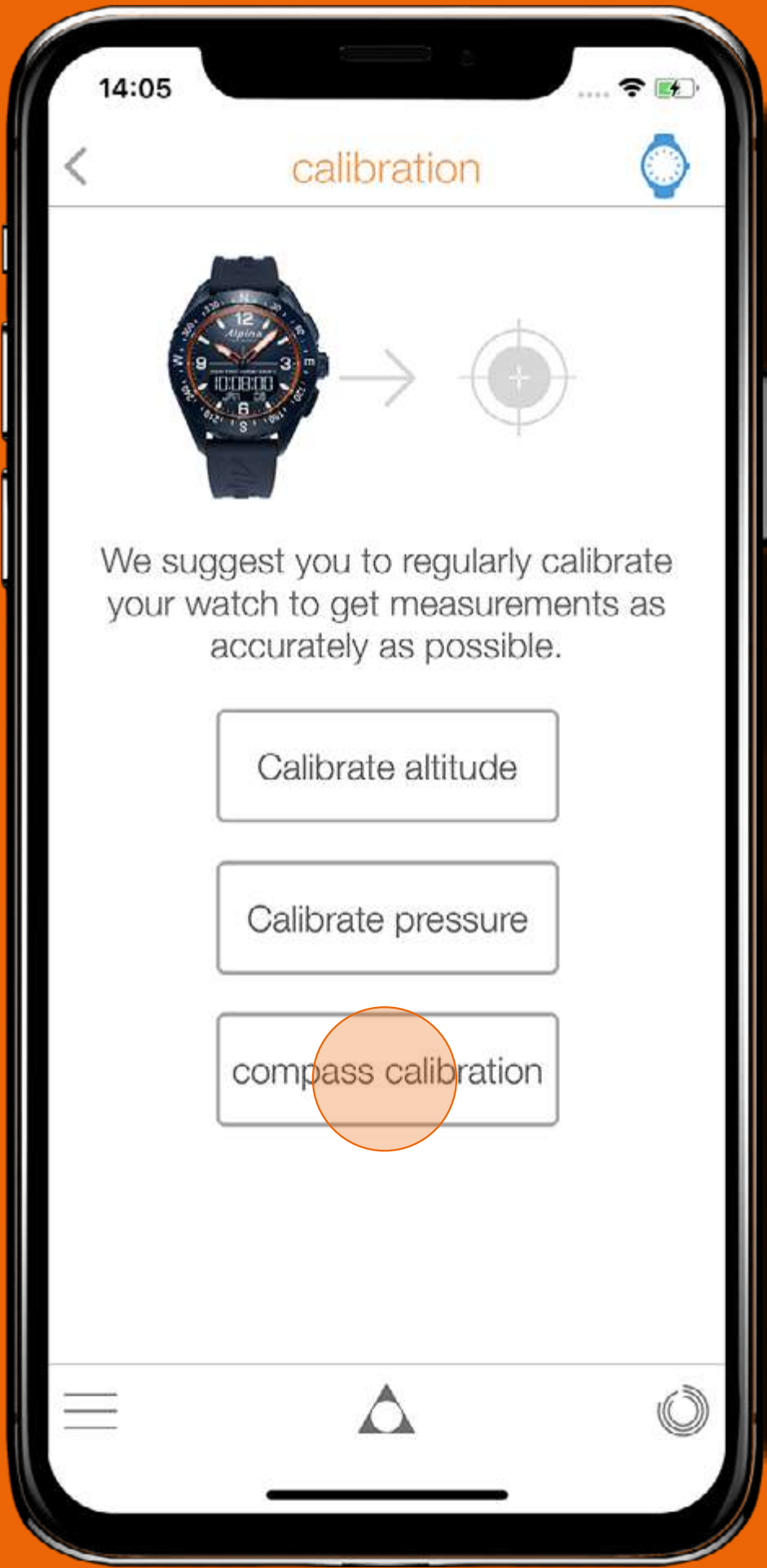
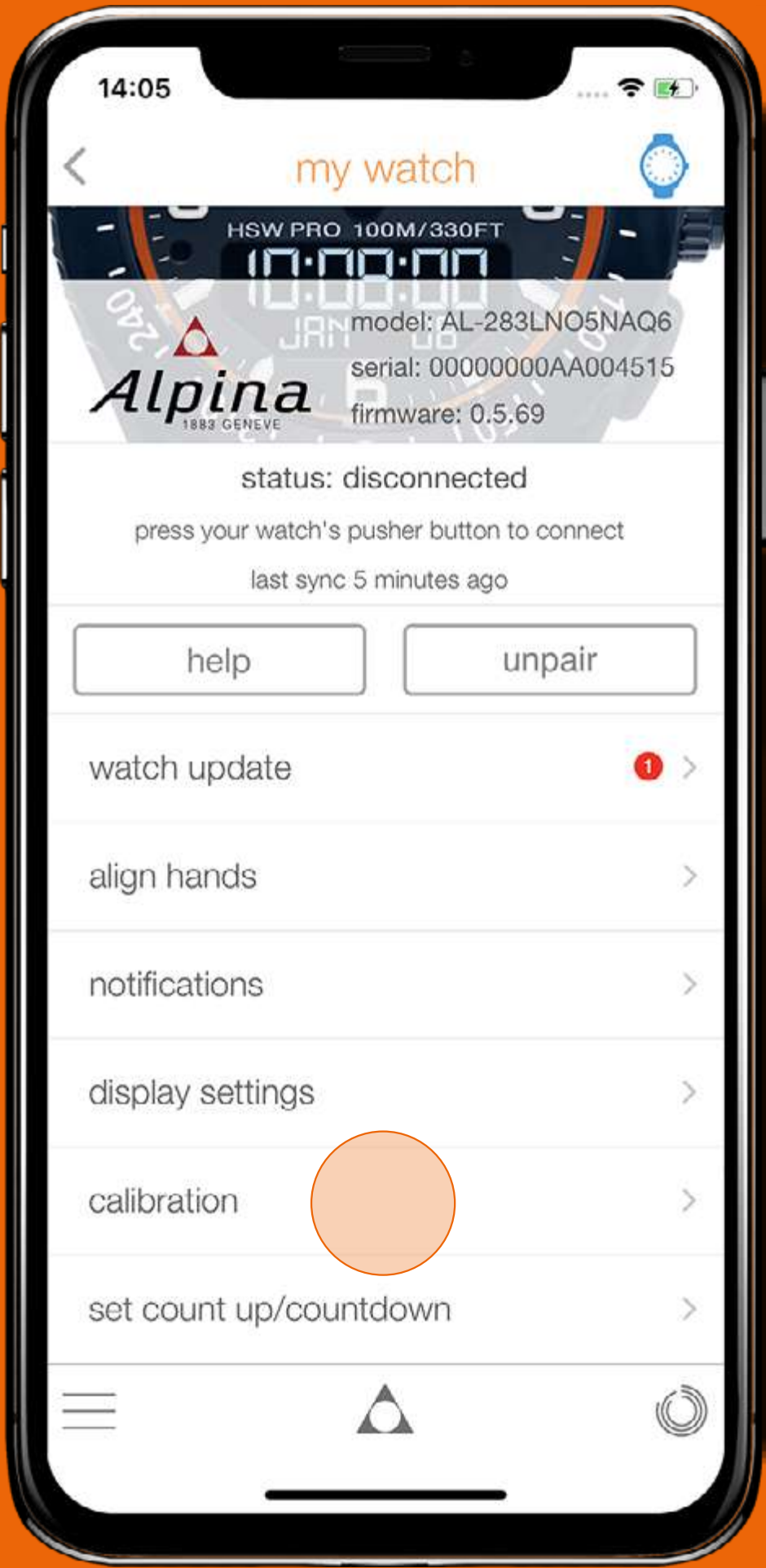
# ALIGN HANDS

If your watch's hands are aligned at 12 o'clock (straight up), then your hands are correctly adjusted. If one or both hands are not pointing at 12 o'clock, please select each hand and use the arrow keys to align to 12 o'clock.



# COMPASS CALIBRATION

We suggest to calibrate your watch regularly to get accurate measurements.





# FUNCTIONS & FEATURES





ENVIRONMENT



**ALTITUDE**  
Always keep your feet firmly on the ground with the altimeter.



**BAROMETER**  
Don't let yourself get surprised by a storm, stay aware of weather changes thanks to the barometer.



**COMPASS**  
Find you way in the most remote places! The ALPINERX compass shows the North direction in real time with the watch's hands.



**CONNECTED GPS**  
The connected GPS records your steps, walks and runs, via the application.



**UV INDICATOR**  
Keep an eye on harmful UV rays with the watch's UV sensor.



**TEMPERATURE**  
Be prepared to face extreme temperatures with your integrated thermometer.







### ACTIVITY TRACKING

Keep track of your daily activity. Monitor your walks and running sessions with a full log of your course in the app.



### DYNAMIC COACH

Get suggestions, tips, and information catered specifically to you based on your activity and sleep goals.



### SLEEP MONITORING

Wear your watch at night or put it under your pillow to record your sleep. The integrated tracking system will provide details on how much time you spent in deep sleep, light sleep, or awake.



### SMART ALARMS

(GET-ACTIVE ALERTS, SLEEP ALARM)

Set a smart sleep alarm to help you wake up at the optimal time in your sleep cycle in order to wake-up fully rested. Set an alert to remind you to move if you’ve been idle for a set amount of time. Customize your Get-Active Alerts in the ALPINERX APP.







## TIME &amp; NOTIFICATION

**ALWAYS ON TIME & DATE**

(HOURS, MINUTES, SECONDS, DATE)

You will never have to set a time and date - travelling across timezones, the ALPINERX picks-up the time directly from your smartphone and updates it automatically on your watch.

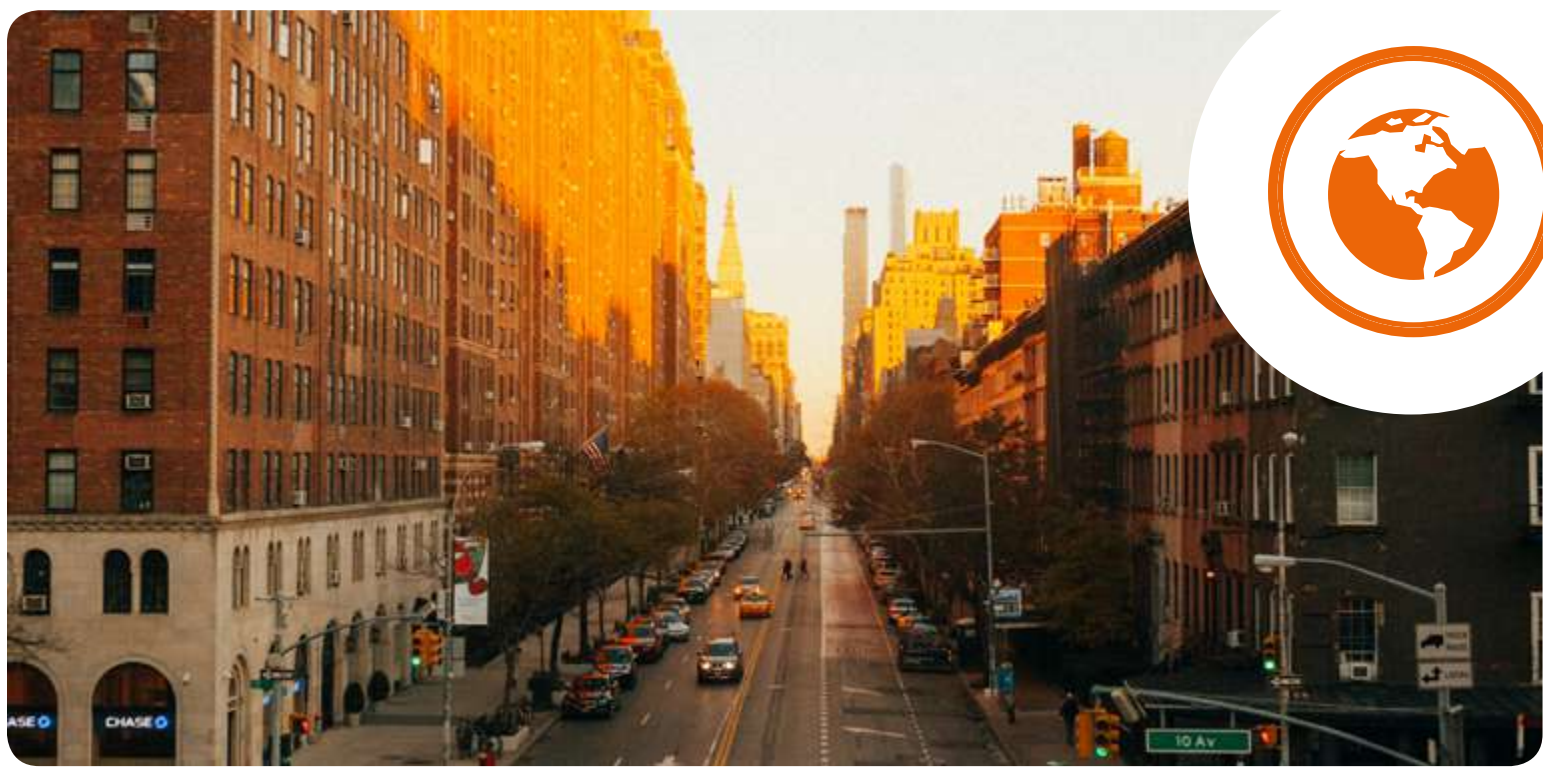
**CALLS & MESSAGES NOTIFICATIONS**

Calls and messages are picked-up by your watch and displayed on the LCD screen with a soft chime to alert you.

**TIME RECORDER**

(STOPWATCH, TIMER, WORKOUTS)

Measure and record any event or workout with the many time recording options offered by your watch and app.

**WORLDTIMER**(2<sup>ND</sup> TIME ZONE + LOCAL 12H/24H TIME)

The worldtimer function allows you to display a chosen second timezone (hometown).

**2+ YEARS BATTERY**

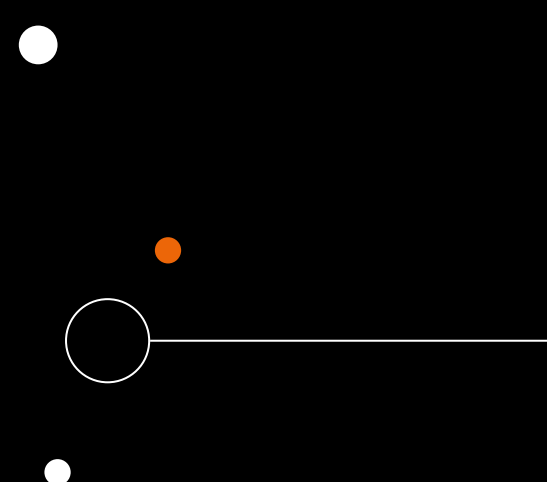
Your ALPINERX is an authentic Swiss watch and in the purest tradition, your timepiece features a connected caliber with an exceptional 2+ years battery life.

**CLOUD**

Recover all of your data, even if you lose your watch or phone. The ALPINERX independently stores your activity and sleep up to 30 days without having to synchronise it to your smartphone. The Cloud is hosted in Switzerland.







# USE THE ALPINERX SMART OUTDOORS



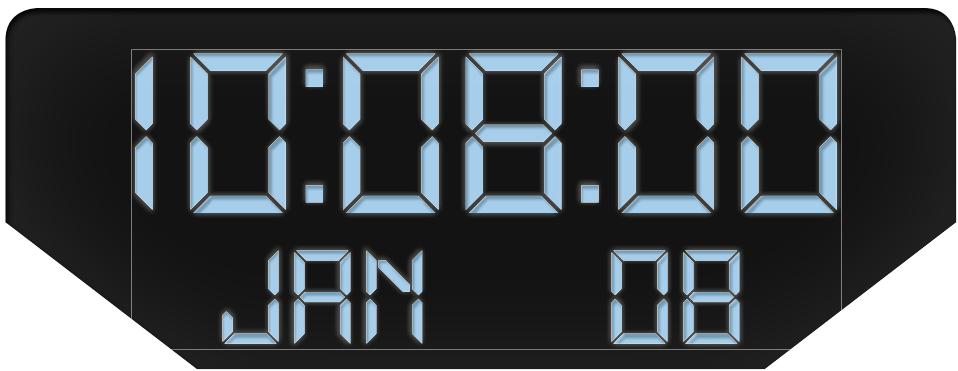




CROWN

# PUSH ONCE

Activates the LCD screen backlight



# PUSH MORE

To navigate through the functions



TIME RECORDER



ALTITUDE



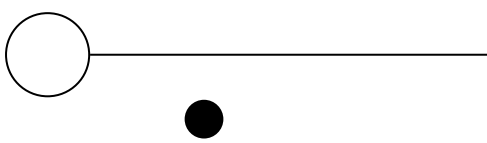
UV INDICATOR



AND MORE...







# PUSH ONCE

to select sub-function

**Example:**  
Time function display



TIME AND DATE

# PUSH TWICE



TIME ACTIVITY/SLEEP IN %  
(related to daily objective)

# PUSH THREE TIMES



DAY & DATE







# PUSH ONCE

to start sub-function

Example:  
Chrono function



START CHRONO

# PUSH TWICE

to stop sub-function



STOP CHRONO

# PUSH ONCE

To rest sub-function



RESET CHRONO





TOP PUSHER

# PUSH ONCE

to start sub-function

Example:  
Sleep function



START RECORDING

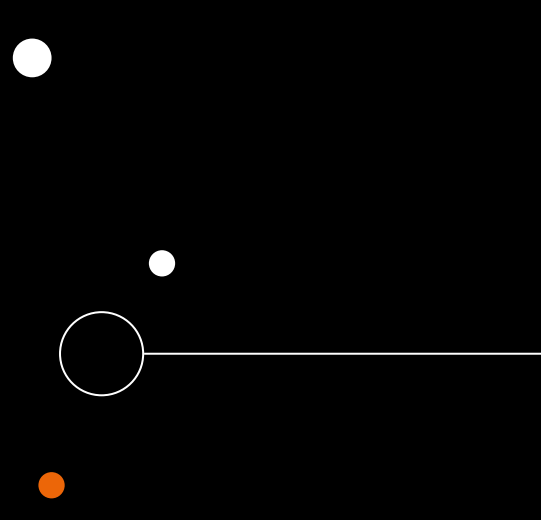
# PUSH ONCE

to stop sub-function



STOP RECORDING





# FUNCTIONS DISPLAYED ON SCREEN







# FUNCTIONS DISPLAYED ON SCREEN

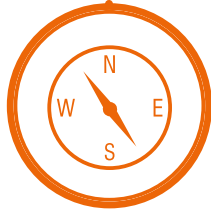
via the app, set-up  
which functions  
you wish to appear on  
the LCD screen of  
your watch and in  
which order.



ALTITUDE



BAROMETER



COMPASS



CONNECTED GPS



UV INDICATOR



TEMPERATURE



ACTIVITY TRACKING



SLEEP MONITORING



TIME RECORDER



WORLDTIMER







# NOTIFICATIONS DISPLAYED ON SCREEN

set-up the notifications in the settings of the app to get alerts based on your own preferences. Notifications are indicated by the watch with a sound. The sound can be deactivated.



## MESSAGES

When a message is received, your watch will alert you with sound and a notification will appear on your watch.

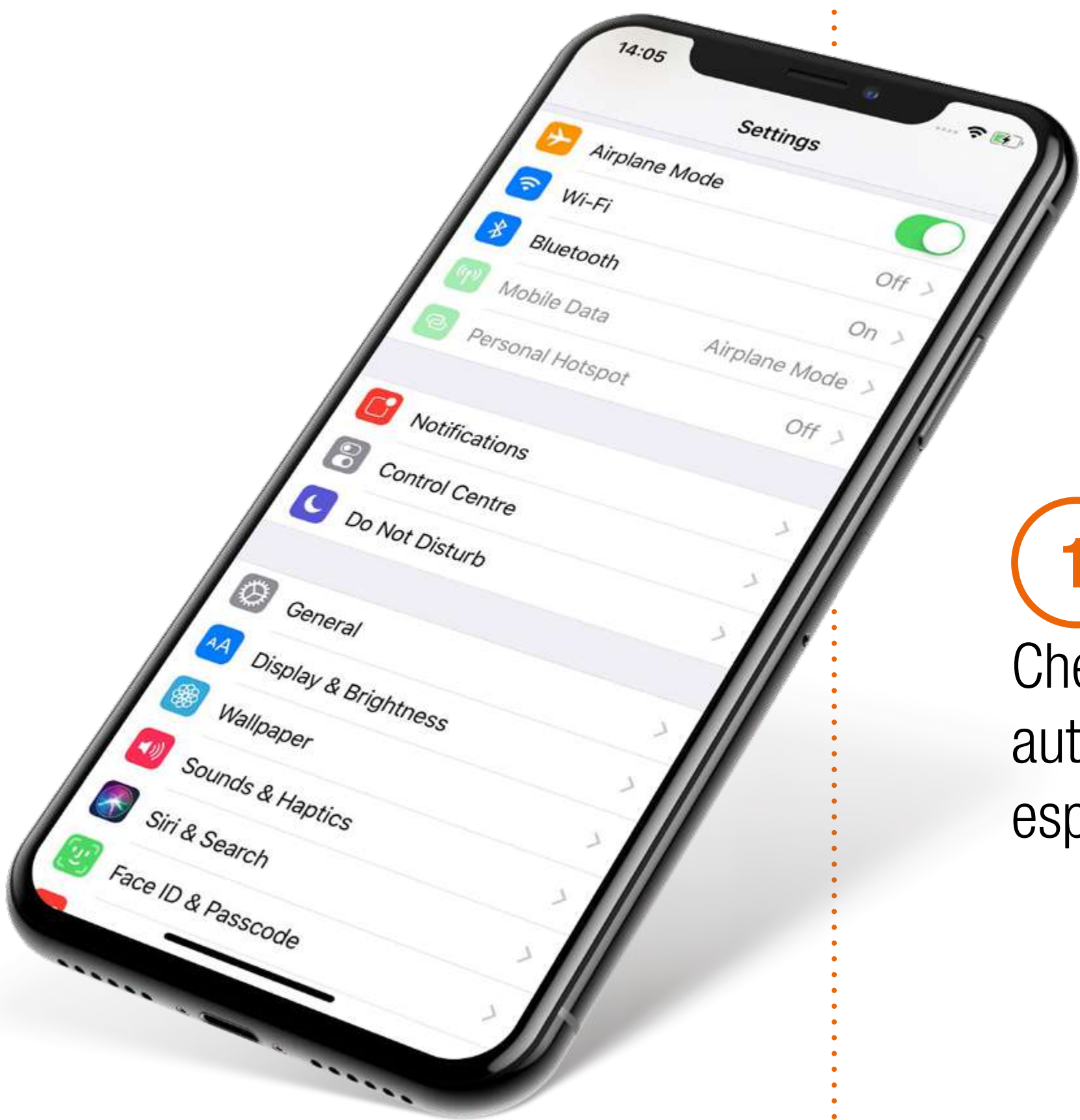


## CALLS

When an incoming call is detected, your watch will chime and a notification will be displayed on the screen of your watch.

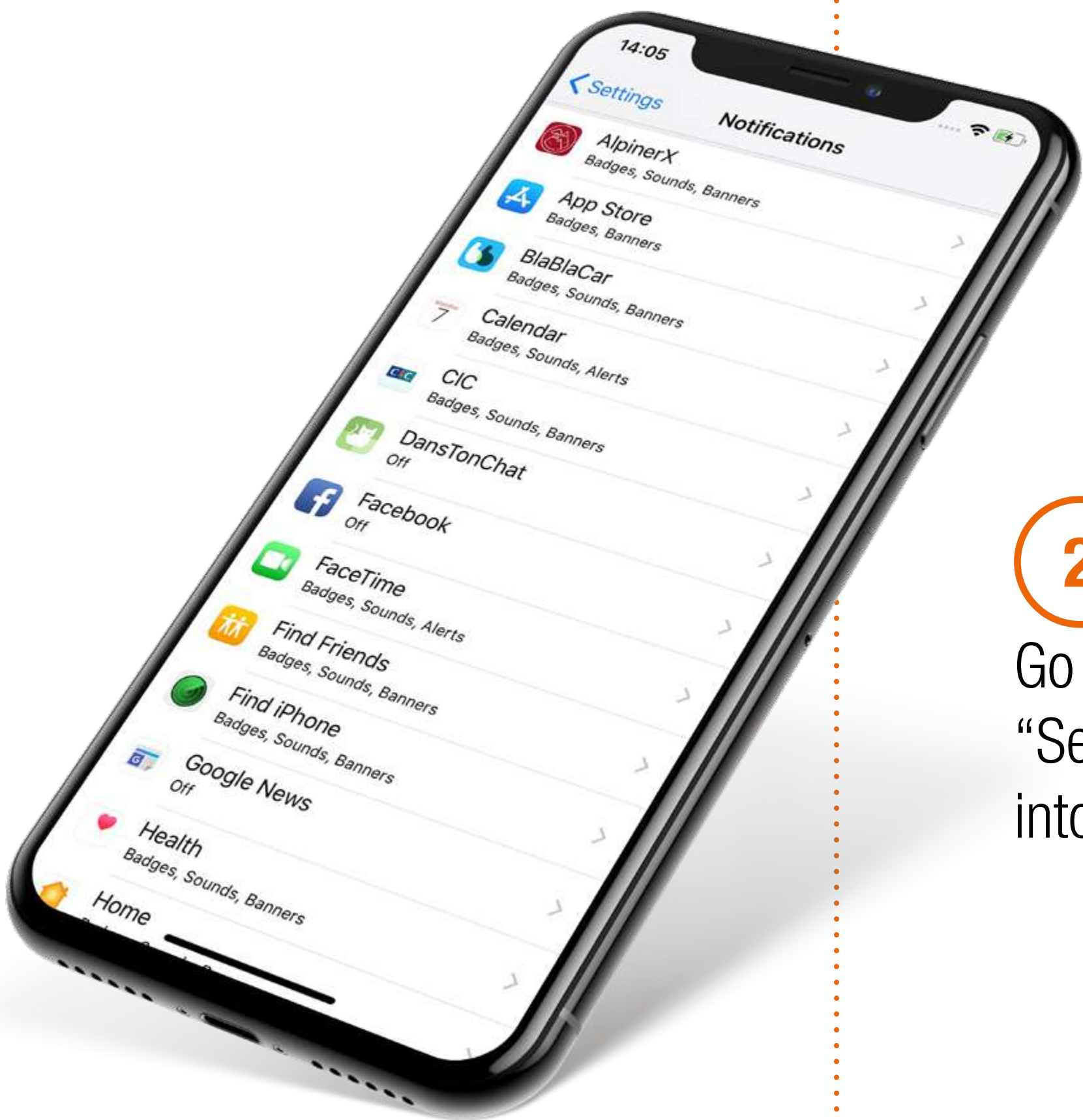
On top of calls, messages and emails, note that the AlpinerX offers a wide range of social media apps you can receive notifications for.





1

Check that all access and authorisations are selected, especially “Show in History”.



2

Go into your phone’s “Settings” menu and then into “Notifications”.



3

Select the app of your choice, for example WhatsApp to get an alert for every new message.



LEGAL  
NOTICES  
ALPINERX  
USA  
CANADA  
EUROPE





# USA CANADA

## NOTE

This device complies with Part 15 of the FCC Rules and with Industry Canada license-exempt RSS standard(s). Operation is subject to the following two conditions:

- 1. this device may not cause harmful interference, and
- 2. this device must accept any interference received, including interference that may cause undesired operation.

### NOTICE:

Changes or modifications made to this equipment not expressly approved by ALPINA SA may void the FCC authorization to operate this equipment.

## NOTICE

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes:

- 1. l'appareil ne doit pas produire de brouillage, et
- 2. l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

### ATTENTION :

Tout changement ou modification apporté à l'équipement sans l'accord explicite de ALPINA SA peut annuler l'autorisation d'utilisation de la FCC.

### ALPINA SA

Chemin du Champ-des-Filles, 32  
1228 Plan-les-Ouates  
Switzerland





# EUROPE

**ALPINA SA**  
Chemin du Champ-des-Filles, 32  
1228 Plan-les-Ouates  
Switzerland

**DECLARES THAT THE PRODUCT:**

Erklärt, dass das Produkt : / Déclare, que le produit /  
si dichiara che il prodotto:

**Horological Smartwatch**  
AL-283X5AQ6

**complies with the essential requirements of Article 3 of the  
R&TTE 1999/5/EC Directive, if used for its intended use and  
that the following standards has been applied:**

bei bestimmungsmäßiger Verwendung den grundlegenden  
Anforderungen gemäß Artikel 3 der R&TTE-Richtlinie 1999/5/EG  
entspricht und daß die folgenden Normen angewandt wurden:

répond aux exigences essentielles du Article 3 de la directive  
R&TTE 1999/5/EC , prévu qu’il soit utilisé selon sa destination, et  
qu’il répond aux standards suivants :

soddisfa tutti i requisiti secondo l’art. 3 della direttiva R&TTE  
1999/5/EC qualora venga utilizzato per l’uso previsto e che le  
seguenti norme siano applicate:

*Geneva, May 1<sup>st</sup> 2018*

**Place and date of the declaration of conformity**

(Ort und Datum der Konformitätserklärung)  
(lieu et date de la declaration de conformité)  
(Luogo e data della dichiarazione di conformità)

*Peter C. Stas*

**Name and signature**

(Ort und Datum der Konformitätserklärung)  
(lieu et date de la declaration de conformité)  
(Luogo e data della dichiarazione di conformità)







MORE INFORMATION  
[alpinawatches.com](http://alpinawatches.com)

